

Weekly Structure

■ Based on your WD profile

	Monday	Tuesday	Wednesday	Thursday	Friday
	Detail & Finances Day	Reflect on your purpose day	Creative Day	Connect with People Day	Care & Service Day
6am	Look at plan, budget & daily goals; meditate/clear your thoughts to plan the outcome for your day!				
8am	<p>Take 100% responsibility for your life; unleash the power of goal setting; be willing to pay the price; commit to constant & never-ending improvement; keep score of success; exceed expectations; clean up your messes & incompletes; complete the past to embrace the future; Face what isn't working; 99% is a bitch - 100% is a breeze; just say No!; say no to the good - say yes to the great; speak with impeccability; keep to your agreements; pay yourself first; master the spending game</p>	<p>Be clear why you are here; Believe it is possible; Believe in yourself; experience your fear & take action anyway; practice persistence; transform your inner critic into your inner coach; transcend your limiting beliefs; stay focussed on who you are; inquire within; tell the truth faster; develop a positive money consciousness</p>	<p>Decide what you want; Chunk it down; Look for contacts who do what you want to do; release the brakes; visualize your future; keep your eye on the prize; embrace change; be a class act; you get what you focus on; to spend more - make more first</p>	<p>Success leaves clues - connect with others who do the same thing; Ask!; React rejection; use feedback to your advantage; Drop the ain't it a wful club; stay motivated; have passion & enthusiasm; build a powerful support team & delegate; find a wing to climb under - a mentor; be here now; have a heart to heart talk; give more to get more; empower yourself to empower others</p>	<p>Become an inverse paranoid (look for role models); Act as if...; Take action; Just lean into it; practice the rule of 5 (break 5 goals into smaller actions); develop 4 new success habits each year; learn more to earn more; redefine time; when in doubt check it out; find a way to serve; start now... just do it!</p>
10am					
12pm					
2pm					
4pm					
6pm					
8pm					
10pm					
11pm	Meditate & clear your head from the day				